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Island Star Lunch Menu

Assorted Breads with Whipped Butter

Vegetable & Cheese Strudel

Choice of Entree

*All Entrees served with Rice Pilaf and a tossed
Mixed Green salad with Carrots, Red Cabbage, Red Onion, Cucumber,
Cherry Tomatoes and our House Vinaigrette*

AAA Beef Tips

Stripes of Tenderloin slow cooked with Shallots and Mushrooms in our
Chefs Demi-Glaze, served over Fresh Baked Puff Pastry

Chicken Florentine

Thyme and Basil Roasted Boneless Breast
Served with a Spinach and Mushroom Florentine Sauce

Arctic Char Fish

Broiled with Orange and Dill Beurre Blanc

Roasted Stuffed Pepper

Baked with a Combination of Local Vegetables, Beans and
Rice au gratin with Dairy Free Cheese

Add a Roasted Garlic Shrimp Skewer for \$4.95

Add Broiled Canadian Bacon Wrapped Scallops for \$4.95

Seafood Sampler – Combination of Shrimp Skewers & Scallops for \$7.95

Dessert

Chef's Dessert of the Day

Coffee / Assorted Tea's

Menu Valid for 2010 Season